## CABIN TRAILS

Designed by Ariga Wilson for RK www.robertkaufman.com

KONA


Finished quilt measures: 64-1/2" $\times 80-1 / 2^{\prime \prime}$

Fabric amounts based on yardage that is 42 " wide.

| Color | Fabric | Name/SKU | Yardage | Color | Fabric | Name/SKU | Yardage |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | A | K001-846 SEA GLASS | 1/4 yard |  | F | $\begin{gathered} \text { K001-442 } \\ \text { CAPRI } \end{gathered}$ | 5/8 yard |
|  | B | $\begin{gathered} \text { K001-837 } \\ \text { ARUBA } \end{gathered}$ | 5/8 yard |  | G | $\begin{aligned} & \text { K001-491 } \\ & \text { JAMAICA } \end{aligned}$ | 1 yard |
|  | C | $\begin{aligned} & \text { KOO1-45 } \\ & \text { POOL } \end{aligned}$ | 1 yard |  | H | K001-1376 <br> TURQUOISE | 1-1/4 yards |
|  | D | K001-1474 CYPRESS | 1-1/4 yards |  | । | K001-1387 WHITE | 2-1/2 yards |
|  | E | K001-1009 <br> AZURE | 1/4 yard |  | Binding* | K001-1376 <br> TURQUOISE <br> o used for Fab | 5/8 yard |
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## Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are $1 / 4^{\prime \prime}$ unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

From each of Fabrics $A$ and $E$, cut: two 2-7/8" x WOF strips. Subcut: twenty 2-7/8" squares.

From each of Fabrics $B$ and $F$, cut:
two 3" x WOF strips. Subcut: twenty 3 " squares.
five 2-1/2" x WOF strips. Subcut: forty $2-1 / 2^{\prime \prime} \times 4-1 / 2^{\prime \prime}$ rectangles.

From each of Fabrics $C$ and G, cut:
two 3" x WOF strips. Subcut: twenty 3" squares.
ten 2-1/2" x WOF strips. Subcut: forty $2-1 / 2^{\prime \prime} \times 8-1 / 2^{\prime \prime}$ rectangles.

From each of Fabrics $D$ and $H$, cut:
two 3" x WOF strips. Subcut: twenty 3" squares.
fourteen 2-1/2" x WOF strips. Subcut: forty $2-1 / 2^{\prime \prime} \times 12-1 / 2^{\prime \prime}$ rectangles.

From Fabric I, cut:
eight $5-1 / 4^{\prime \prime} \times$ WOF strips. Subcut: ten $5-1 / 4^{\prime \prime}$ squares.
fourteen $3^{\prime \prime}$ x WOF strips. Subcut: one-hundred and twenty 3 " squares.

From the Binding Fabric, cut:
eight 2-1/2" $\times$ WOF strips.

## Assemble the Flying Geese

Step 1: Pin two 2-7/8" Fabric A squares in opposing corners of a $5-1 / 4$ " Fabric I square, RST. The squares will overlap slightly in the center of the large square. Using a ruler, draw a diagonal line through the squares.

Step 2: Sew scant 1/4" seam on each side of the diagonal line. Set the seam by pressing it flat. Cut along the diagonal line, creating two identical units.

Step 3: Press the fabric toward smaller triangles. Repeat with the second unit.


Step 4: Place one 2-7/8" Fabric I square at the corner of a sewn block unit. Draw a diagonal line in pencil. Sew a scant 1/4" seam on each side of the diagonal line. Set seam (press). Cut along the diagonal line, creating two identical units.

Step 5: Press the seam toward the smaller triangle. Trim off small dog ears left by the seam allowance. Trim to $2-1 / 2^{\prime \prime} \times 4-1 / 2^{\prime \prime}$ if necessary. Repeat to make twenty A/I flying
 geese units.

Step 6: Repeat with all remaining 2-7/8" Fabric E squares and 5-1/4" Fabric I squares to make twenty $\mathrm{E} / \mathrm{l}$ flying geese units.

## Assemble the Half-Square Triangles (HSTs)

Step 7: Pair a 3" Fabric B square with a 3 " Fabric I square, RST. Mark a diagonal line on the wrong side of one square. Sew 1/4" away from both sides of the marked line. Cut on the marked line creating two half-square triangles (HSTs). Press toward the darker fabric. Trim to 2-1/2" square. Repeat to make forty B/I HSTs.


Step 8: Repeat Step 7 to make:

forty C/I HSTs

forty D/I HSTs

forty F/I HSTs

forty G/I HSTs

forty H/I HSTs

Assemble the Blocks

Step 9: Sew two A/I Flying Geese units together as shown. Press the seam open.

Step 10: Select the Step 9 unit, four B/I HSTs, and four 2-1/2" $\times 4-1 / 2^{\prime \prime}$ Fabric B rectangles. Arrange the units in three rows of three as shown. Sew the units together to form rows, then press the seams towards the Fabric B rectangles. Nest the seams and sew the rows together. Press the seams towards the top and bottom of the unit.


Step 11: Select the Step 10 unit, four C/I HSTs, and four $2-1 / 2^{\prime \prime} \times 8-1 / 2^{\prime \prime}$ Fabric C rectangles. Arrange the units in three rows of three as shown. Sew the units together to form rows, then press the seams towards the Fabric C rectangles. Nest the seams and sew the rows together. Press the seams towards the top and bottom of the unit.


Step 12: Select the Step 11 unit, four D/I HSTs, and four $2-1 / 2^{\prime \prime} \times 12-1 / 2^{\prime \prime}$ Fabric D rectangles. Arrange the units in three rows of three as shown. Sew the units together to form rows, then press the seams towards the Fabric D rectangles. Nest the seams and sew the rows together. Press the seams towards the top and bottom to complete the block.


Step 13: Repeat Steps 9-12 to create ten A/B/C/D Blocks.


Step 14: Sew two E/l Flying Geese units together as shown. Press the seam open.

Step 15: Select the Step 14 unit, four F/I HSTs, and four $2-1 / 2^{\prime \prime} \times 4-1 / 2^{\prime \prime}$ Fabric F rectangles. Arrange the units in three rows of three as shown. Sew the units together to form rows, then press the seams towards the Fabric F rectangles. Nest the seams and sew the rows together. Press the seams towards the top and bottom of the unit.


Step 16: Select the Step 15 unit, four G/I HSTs, and four 2-1/2" $\times 8-1 / 2^{\prime \prime}$ Fabric $G$ rectangles. Arrange the units in three rows of three as shown. Sew the units together to form rows, then press the seams towards the Fabric $G$ rectangles. Nest the seams and sew the rows together. Press the seams towards the top and bottom of the unit.

Step 17: Select the Step 16 unit, four H/I HSTs, and four $2-1 / 2^{\prime \prime} \times 12-1 / 2^{\prime \prime}$ Fabric H rectangles. Arrange the units in three rows of three as shown. Sew the units together to form rows, then press the seams towards the Fabric H rectangles. Nest the seams and sew the rows together. Press the seams towards the top and bottom to complete the block.


Step 18: Repeat Steps 14-17 to create ten E/F/G/H Blocks.


## Assemble the Quilt

Step 19: Arrange the blocks into five rows of four blocks. Note how the A/B/C/D Blocks and /E/F/G/H Blocks alternate across the quilt in the Quilt Assembly Diagram.

Step 20: Sew the blocks together to form rows. Press the seams open.

Step 21: Sew the rows together to form the quilt center. Press the seams open.

Your quilt top is complete! Baste, quilt, bind, and enjoy!


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